

National Training Programme on Youth Friendly Health Services in India, 2010



Phase I: New Delhi: India November 22 to December 4 & Malmo Sweden : December 6-10, 2010
Phase II: India, May 2011



LUND
UNIVERSITY



आरोग्यं सुखसम्पदा
NIHFW




MAMTA

INVITATION

A *National Training Programme on Youth Friendly Health Services in India* is being organized to strengthen the provision of reproductive & sexual health information and services for young people. This will contribute to mainstreaming of reproductive and sexual health services for young people into the Public Health System in India, under the mandate of Reproductive & Child Health Programme II and National Rural Health Mission. In the long term perspective, the programme shall contribute to health systems strengthening and capacity development of service providers and health management teams by enhancing technical and programme planning skills.

The partners in this programme are National Institute of Health and Family Welfare, (NIHFW),



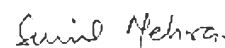
Goran Baxell
Vice Chancellor

Lund University



Deoki Nandan
Director

NIHFW



Sunil Mehra
Executive Director

MAMTA

the apex technical Institute of Health and Family Welfare in India, MAMTA Health Institute for Mother & Child, a leading non governmental organization working in India and South Asia region and Lund University, Sweden, which is the largest single establishment for research and higher education in Scandinavia. Sida (Swedish International Development Cooperation Agency) is financing this programme.

We offer professionals working in public health sector the opportunity to participate in the programme.

We trust that this programme will be of importance to your institution and hereby invite you to nominate promising candidates at middle level positions. Women are particularly encouraged to apply.

PROGRAMME OBJECTIVES

The aim of this intensive four weeks training programme is to give participants an overview of Youth Friendly Health Services as it relates to the sexual and reproductive health and rights of young people. The programme is developed in accordance with national guidelines for Adolescent Reproductive Sexual Health (ARSH) Strategy, part of Reproductive and Child Health Programme (RCH II) under National Rural Health Mission (NRHM). The ARSH strategy has the mandate to establish adolescent friendly health and counseling services and delivering them through the Public Health System, in the Primary health care settings. In this context the objectives of the training programme are to:

1. Promote better understanding of Youth Friendly Health Services within the Public Health framework through sharing of Indian, South Asian and Swedish experiences;
2. Enhance capacities of individuals

in public and private health sector institutions to initiate or strengthen Youth Friendly Health Services, as envisaged under NRHM;

3. Establish within India, a network of trained professionals who can provide impetus to capacity building and advocacy initiatives on Sexual and Reproductive Health of young people; and
4. Create evidences for advocacy and programme 'roll out' by encouraging piloting and documentation of Youth Friendly Health Service initiatives at state and district level.

CONTENTS

The programme will be carried out in two phases.

Phase I of the programme encompasses a total of three weeks and covers the conceptual and development perspective on youth friendly health services that are Gender and Rights based. This will be discussed in context of key national policies and programmes for the adolescents and youth in India. At the

same time, due emphasis will be given to developing skills that are relevant to participants in dealing with adolescent /young client in clinical settings. The week in Sweden comprises mainly of field visits that expose the participants to the youth friendly services in the public health system (municipalities) and NGO setups and provide opportunities to meet relevant stakeholders to gain a deeper understanding of the management systems and work methods that foster Rights based approach in health services.

The training programme covers all these issues within context of NRHM, RCH II and NACP III, thus providing an understanding on how the provision of youth friendly health services contributes to national goals related to reducing maternal and infant mortality, total fertility rate and reversal of HIV epidemic.

During Phase I of the programme, participants will be expected to formulate in writing, an individual assignment identifying challenges in implementing youth friendly sexual and reproductive health services as

they relate to young people in their respective states, focusing on a particular issue or area relevant to their institution.

The individual assignments (called "Change Project") should be formulated within one of the following thematic areas:

1. Creating youth friendly health facility within existing health system.
2. Building capacities on adolescent/ youth friendly health services
3. Advocacy on youth friendly health services
4. Roll out of 'ARSH strategy' at state/district level
5. Linking youth friendly services to School Health Programmes
6. Promotion of Safe sexual practices for STI/HIV prevention through youth friendly services
7. Linking Sexual Reproductive Health and HIV prevention through youth friendly services
8. Linking youth friendly services to mental health needs

The individual project should contain detailed measures and activities that are feasible for the participants to undertake within his/her institution upon return to their home state. The participants are encouraged to focus on feasible, needs based and realistic proposal, which can be implemented in a short time period. Applicants must submit a draft of their individual assignment when applying to the programme. Selected participants are expected to complete necessary background work for the formulation of the draft individual assignment prior to arrival in the training programme with the assistance of their respective nominating institutions.

Phase II of the programme will follow up on the projects formulated during Phase I. Each participant is expected to give a detailed account of the progress made with respect to the implementation of his/her assignment and what activities have been undertaken. The participants are encouraged to document their progress in the documentation framework that is finalized in Phase I.

Interactive sessions and field visits will explore individual and common experiences and difficulties encountered in the implementation of the project and the positive change that the activities have brought about by these activities.

Important: The implementation of the individual assignment presupposes that the nominating institution of each participant takes on the responsibilities (financial and otherwise) necessary for achieving the objectives stipulated in the project.

PROGRAMME STRUCTURE

Phase I of the programme will take place from November 22-December 4 2010 in India, and December 6 -10 2010 in Sweden. Lectures, group work and field visits will take place daily in a framework of a 40 hour week.

Phase II of the programme will take place in May 2011 (tentative). Upon completion of both phases of the programme, participants are awarded a certificate on the basis of attendance and participation in the programme, including the fulfillment of the requirements related to completion of the individual assignment.

TEACHING

The faculty for this programme will include a core team of youth health experts from Lund University, NIHFW and MAMTA. National and international experts, known for their work in identified areas will be invited as guest faculty.

The training programme is visualized to be highly participatory and interactive in nature. Field visits and interaction with young people will be an integral part of the training. Forums will be provided for participants to share their knowledge and experiences on key issues.

Participants are strongly encouraged to contribute during the training programme. A selection of documents and literature, compiled in accordance with the structure of the training programme, will be available to the participants for easy reference and additional reading.

PARTICIPATION

The programme is designed for public health professionals with a medical background working in different positions including state and district

programme managers; teaching faculty from state training institutes, medical colleges and service providers from district health facilities.

All nominees should have at least the Graduate degree in Medicine (M.B.B.S.) from a recognized university in India. It is desirable for all participants to have experience of working with Adolescents and to have basic understanding on young people's health issues in their respective region/states.

The focus will be on selecting a team of public health professionals, Faculty of Medical Colleges, and State Institute for Health and Family Welfare, from certain priority states only.

Previous experience of working with young people and the potential to contribute towards 'ARSH roll out' in the states will be the prime consideration in selection of candidates. The candidates should be under 50 years of age at the time of applying for the training programme.

Due to part of the training being conducted at international university, proficiency in English is essential for participating in the training programme.

NOMINATION PROCESS

**The Nomination should reach by
October 11, 2010**

The Nomination should be forwarded on the special form attached and include a recent photograph and required information and documents to:

Ms. Vandana Gurnani, Director RCH with a copy to **Director NIHFW**. Contact information is provided in the Nomination form, which can be submitted by- mail, fax or ordinary mail.

Selected applicants will be notified by e-mail or telefax. Once accepted, the applicant must confirm their participation. An invitation letter will be sent out, containing additional information on the programme and the practical arrangements.

COST OF PARTICIPATION

The cost of participation will be met from the funds available with Lund University / MAMTA from Sida.

Due to the character of the training programme family members are not allowed to accompany participants to the programme. No exceptions shall be entertained in this regard.

ACCOMMODATION

All participants will be accommodated in twin sharing rooms. Breakfast is included; other meals may be provided or will be arranged by the participants themselves, using the subsistence allowances provided for this purpose.

VISAS

The organizers will arrange for the visas necessary for undertaking the journey to Sweden and the cost of obtaining visa will be covered by Sida. Each participant applying to the training programme should possess a passport valid till March 2011.

INSURANCE

All participants are covered by a group insurance while in Sweden. This insurance includes cost for medical care in the event of acute illness or accident. Routine medical and dental checkups are not included.

CONTACT INFORMATION

Core Coordination Team:
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LUND UNIVERSITY

Lund University in Southern Sweden was inaugurated in 1668. Located at the threshold of continental Europe, Lund University is now a major international institution. It is the largest single establishment for research and higher education in Scandinavia, comprising seven faculties (theology, law, medicine, humanities, natural sciences, social sciences, and technology) as well as schools for social work, physical therapy, education, music and drama. Approximately 38,000 students, including 3000 post-graduates, are enrolled at the University. A number of research institutions, hospitals, research based industries, libraries and museums are also located on and around the university grounds. The Division of Social Medicine and Global Health gives undergraduate courses in international health, and an International Master of Public Health program. International research activities include SRHR, HIV/AIDS, mental health, health systems and community health. The Division works closely with the local health authorities on research, surveillance and

strategizing in public health.

NATIONAL INSTITUTE OF HEALTH AND FAMILY WELFARE
National Institute of Health and Family Welfare is an autonomous technical institute funded by the Ministry of Health and Family Welfare for promoting Health and Family Welfare Programmes in the country. The Institute has been addressing a wide range of issues by its multi-disciplinary functions in the form of research, consultancy, education and training interventions for more than 3 decades. The Institute has been designated as the nodal agency for coordination of all the training activities in the country under the National Rural Health Mission - Reproductive and Child Health Programme - II by the MOHFW/GOI.

MAMTA

MAMTA Health Institute for Mother and Child, a Non Governmental Organisation in India, began with working on issues of maternal and child health. Over the years, it has witnessed a shift in its focus from purely health to health and development with a life cycle approach. An intensive focus on issues

of young people's reproductive & sexual health & rights has become central to the organisation's commitment. MAMTA has adopted strategies like community based interventions, advocacy, networking, research and capacity building and presently works in more than 100 districts. Since last few years MAMTA has partnered with NGOs, service providers and apex Government institutions within the country and internationally to share the learning, knowledge and skills of working with young people, especially on provision of youth friendly health information and services. It is also working closely with the government, UN and International agencies in the country and the region. The organization acknowledges gender and rights as cross cutting issues for an integrated approach to development and integrates them in all its programmes.

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